

ST. PETER PRESENTS

Chris Carstens  
*How to Pray the Mass  
Better*

based on his book  
*Devotional Journey Into the Mass*



**EXPLAINING THE SPIRITUAL MEANINGS BEHIND THE SIGNS AND SYMBOLS, WORDS AND ACTIONS OF THE MASS, AUTHOR CHRISTOPHER CARSTENS WILL TEACH US SPIRITUALLY-ENRICHING WAYS TO ENTER THE CHURCH BUILDING, MAKE THE SIGN OF THE CROSS, PRAY THE OPENING PRAYER, LISTEN TO THE READINGS, PREPARE YOUR SOUL AT THE OFFERTORY, PARTICIPATE IN THE EUCHARISTIC PRAYER, RECEIVE COMMUNION, AND EVEN RESPOND TO THE DISMISSAL.**

**COPIES OF HIS BOOKS WILL BE AVAILABLE FOR PURCHASE.**

**FEBRUARY 22  
6:30-7:30PM  
IN  
ST. PETER  
CHURCH**

**COVINGTON  
LOUISIANA**

**RECEPTION  
FOLLOWING**



Christopher Carstens is director of the Office for Sacred Worship in the Diocese of La Crosse, Wisconsin; a visiting faculty member at the Liturgical Institute at the University of St. Mary of the Lake in Mundelein, Illinois; editor of the *Adoremus Bulletin*; and one of the voices on *The Liturgy Guys* podcast. He is author of *A Devotional Journey into the Mass* and *A Devotional Journey into the Easter Mystery* (Sophia), as well as *Principles of Sacred Liturgy: Forming a Sacramental Vision* (Hillenbrand Books). He lives in Soldiers Grove, Wisconsin, with his wife and eight children.